

Welcome to Ampers&nd, the newsletter of Jeavons & Jeavons Pty Ltd.

ANNOUNCING.....



@leisure is a new name in recreation planning. It combines the resources of two of Australia's leading recreation planning firms, Jeavons Recreation & Tourism Planners and Lacey Management Services. The firm now offers 3 recreation planning principals each with over 20 years experience;

- Sally Jeavons
- Paul Lacey, and
- Sue Pym

This new practice will expand the portfolio of skills, experience and networks in the one company to provide a higher standard of service.

No other recreation planning company is able to match this depth of skills and experience in neither the field nor 3 principals who have managed local government recreation departments.

Our Focus:

- Leisure needs and strategy plans
- Open space and park planning
- New residential area planning
- Sports facility, feasibility & pricing studies
- Play area strategies and plans
- Business and marketing plans
- Aquatic facilities: planning and management
- Skate and BMX strategies and facility designs
- Seminars, professional development & training
- Social policy development and analysis

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SEMINARS

At JEAVONS & JEAVONS, we've enjoyed the opportunity to give something back through our seminar series. For us it is about:

- Fostering debate on topical issues
- Bringing together the field & developing the networks with allied professionals

New Series 2001: KIDS IN SPACE

Three seminars:

- No. 1 SPECIAL KIDS - Designing parks, playgrounds and leisure settings to include children with a disability
- COOL & DIRTY - Exploring the best ways to plan and design for BMX racing, dirt & street areas
- PLAYING SAFE - More about play equipment & play area design

STOP PRESS!

Places are filling fast for the June 22 **KIDS IN SPACE** Workshop No. 1. See program and booking details enclosed.

THE SKATE MANUAL IS LAUNCHED...



Barry Lovell, the Hon. Justin Madden, Minister for Sport and Recreation & Sally Jeavons at the official launch of the Skate Facility Guide prepared by JRTP.

Note: The illustrations in the Guide (that were not prepared by JRTP) are currently being redrawn to increase their accuracy. An addendum will be issued.

Current skate jobs include **Penrith Skate Park** in NSW and some risk assessments of proposed parks in VIC.

Play in School Grounds for Principals!

Mary Jeavons is presenting two workshops to School Principals (Victoria's South East Region) at their Conference in Geelong on June 21. The sessions address design of the whole of a school's grounds for children's activities.



AROUND THE GROUNDS...

Gone Fishing

The Fishing Access Feasibility Study identified a number of accessible fishing platforms around the country and recommended appropriate structures to be built at 6 sites investigated in Victoria. Thanks to everyone who provided input into this study.

Accessible Playgrounds

J&J have 2 regional accessible playgrounds on the go. A concept plan is being developed for one in Lower Eltham Park as an initiative of Nillumbik Shire. The City of Knox has also taken the initiative to put consortia of local artists and landscape architects together to develop their accessible play facility.

Three new playgrounds have just been completed: Croydon Special School, Frankston foreshore- Stage 3. & Kingston Heath.



Master Plans

Master Plans are in progress for the Quambee Reserve in Ringwood, Chirnside Park in Wyndham & Boeing Reserve in Moonee Valley. Access issues, parking and dogs are common problems in sports reserves.

Leisure Benefits

@leisure in conjunction with HM Leisure Planning is conducting research into the benefits of indoor recreation centres. The project is funded by SRV & PLA. A workshop with professionals across Australia was held last month, and a focus group & pilot survey in 3 centres is about to commence. The work drew unexpected debate about broader issues in recreation research and members called for the establishment of a **national recreation research agenda**. This has subsequently been discussed at the Rec Industry Advisory Committee at VU, and will be taken up by PLA, SRV and ANZALS in other forums.

Yarra Junction Playground

is a community driven project incorporating the theme of the timber & transport industries of the past. It is a collaborative project with the Shire of Yarra Ranges, Allplay & the local community.

Malvern Glen Iris Community Centre

MJLA are designing this outdoor activities area to cater for users of all abilities & ages. Included in the design is a series of play elements, a bike trail and secret garden paths.

NOT SO GOLDEN OLDIES

- 84% of the Australian population over 80 yrs are disabled
- 25% of USA workers do not work after 65 yrs
- Oldies appear to be involved in only a limited extent in the development of leisure policies and facilities
- By the time we are 60 we are likely to have lost 60% of muscle tone (yikes!)
- Age changes associated with the deterioration of muscle strength and functional capacity are likely to be largely associated with disuse!
- Medicalisation of the body is a key leisure issue for older adults
- What distinguishes those with high levels of satisfaction is a regular engagement in activity outside the home.

Points from a study for the City of Kingston looking at the leisure choices for older adults.

Go with the Flow

For 30 years Mihaly Csikszentmihalyi has been studying states of "optimal experience":

"The metaphor of "flow" is one that many people have used to describe the sense of effortless action they feel in moments that stand out as the best in their lives. Athletes refer to it as "being in the zone," religious mystics as being in "ecstasy," artists & musicians as "aesthetic rapture." All do very different things when they reach flow, yet their descriptions of the experience are remarkably similar".

"After collecting more than 8,000 interviews of people from all parts of the world, we have found that they report eight essential components which make up an enjoyable flow experience. The components are:

- 1) A Clear Goal, 2) Feedback,
- 3) Challenges Match Skills, 4) Concentration & Focus, 5) Control, 6) Loss of Self Consciousness, 7) Transformation of Time & 8) Activity becomes Autotelic.

As you increase these eight different key factors, you'll find more flow in your everyday life."



A pic taken from the South China Morning Post proving you're never too old to learn, as an elderly woman masters the art of swinging

News from Hong Kong

Mary Jeavons is now settled in Hong Kong & is in daily contact with MJLA staff.

New links with the local Hong Kong scene are being forged.

The Hong Kong Playright Children's Playground Association Ltd (who is affiliated with IPA) offers a much needed advisory service on play & playground design, helps to develop play programs in residential settings & has a play resource centre.

Hong Kong does not have its own Playground Safety Standard. Virtually all play equipment is imported so the equipment is simply required to comply with the Standard in force in the country of origin. Other constraints on playground design include the need to withstand very high humidity & typhoons!

FAX FEEDBACK

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I'd like more information on:

SEMINAR SERIES 2001

@leisure

SKATE GUIDE ADDENDUM

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